Page numbers in italics denote photographs.

abjection, 36–37n28; cult of, 135; erotics of shame and, 289; feminism and, 133, 133n7, 136; monster/beauty vs., 19; of mother, 133, 134–36, 145n14; unadulterated pleasure vs., 31. *See also* damage, erotics of; shame

acne, 3, 6

advertising: for gyms, 73; for hair coloring, 281; hair removal and, 21; narratives of loss and, 15; for perfume, 250–51, 253, 264n11; for personal style, 269. *See also* commodification

aesthetic/erotic self-creation: and aesthetic/erotic field, defined, 2; of Altomare, 93–94; Aphroditean style and, 269; cultural practices as affecting, 267; as discipline, 262; "GLAM Manifesto" and, 31–32; individual vs. community, 29; models of, 11, 20 (*see also* Aphrodite; bodybuilding; stepmother-stepchild pedagogical model; vampires); nonproductivity and, 81; perfection vs., 251; professors and, 161, 180; as ridiculous, 20, 40; Sade's characters and, 294–95; selflove resulting from, 2, 34n1; substitution for, 223; technology of self and, 248; time and, 81; will to pleasure and (*see* will to pleasure). *See also* monster/ beauty

aesthetics, 119; control and, 70; humiliation and, 61; lowlife, 290–91, 297n5; nonproductivity and, 81; postmodern, 281, 291; of power, 101; of power vs. fragility, 68–69; prosaic, 39, 40–41; Sadeian, 290–91; as transgressive/ transcendant, 119

Africans, primitivized images of, 115, 261

age: acting one's, enforcement of, 63, 77, 138, 262, 271–72; Blonde Bunny Goddess cult and, 275, 277; gender and cross-generational attraction, 232–34; irrelevance of, 233–34; stepmothers and, 233

ageism, 4; feminist, 68

agency: abjection as devastating, 136; aesthetic concentration and, 66; of Aphrodite, 270; Blonde Bunny Goddess cult and lack of, 275; corporeal, 5, 15–16, 24114; display and, 74, 96 aging: anaphrodisiac body and, 60–71; atonement for being female and, 27; and bad body, 199; dyeing hair blonde and, 280; erotic power and, 232–34; "good genes" and, 4, 63; gracefully, 60, 223, 272; invisibility and, 15, 16, 64, 71, 91; as loss (*see* loss, narratives of); and professor's body, 159; shame and sexuality and, 67–68, 71

Albright, Madeleine, 270

- Alpers, Svetlana, 87n57
- Altomare, Emilia (bodybuilder), *75*, 77, 81, 84, 92, 93–94, 96, 116
- Amazons, 97, 105, 261, 266n32

amorous relations. *See* consensual sexual relations; pedagogical erotics

amusement, pleasure vs., 179, 186, 212 Angier, Natalie, 87n47

- anorexia: bodybuilders and, 69; deadening of embodied pleasure and, 23; monstrous female and, 36n26; perfection claimed through, 250; Wolf and, 18, 32. *See also* dieting
- Antoni, Janine, 295
- Anzaldúa, Gloria, 17

aphrodisia: of ancient Greece, 247–48, 263n3; Aphroditean charisma and, 272; Blonde Bunny Goddess cult vs., 271; reconfiguration of, 247

aphrodisiacs: body as, 11, 64–65, 66; mistaken as substance, 9

aphroditē, 248, 250, 253, 269

Aphrodite: aesthetic/erotic wit and, 5; agency of, 270; ambrosia of, 253, 275; as aphrodisiac, 248, 263n4; and Ares, 127, 129, 131; ars erotica of, 247-48, 257, 263n3; bathing and, 247, 255, 263n3; as complement not critic, 41, 263n4; cross-dressing for, 260-66n30; decoration/costume of, 120, 251, 254, 267; and Eros, 128; and erotic mother, 137, 141-42; as erotic stimulant, 9; as ethic, 258; film iconolatry of, 270, 273-74; and gardens, 39, 41, 235-36, 239-40; grace of, 248, 264n6; Greeks and, 39, 41, 235-36, 247, 263n4, 270, 277; hares as offerings to, 277; intercorporeality of, 132, 134, 137; liminality of, 231; and narratives of loss, 262; nudity of, 61-62, 254, 255, 259, 265n26; as passionate wife, 248–49, 258, 270, 273; patriarchal bias against, 263n3; as perfection vs. confidence, 249–50; Phaedra and, 218, 228; radiance of, 267, 268, 273, 282; Romans and, 39, 41, 255, 263n4; sentimentalism of, 132; and sin, disbelief in, 129; size of, 251, 254, 273, 283n5; and training, 141. See also aesthetic/erotic self-creation; monster/beauty

Aphrodite Amazonia, 261, 266n32

Aphrodite of Knidos, *vii*, 61; as aphrodisiac, 248; body size of, 251, 254; copies of, 251, 254, 255, 259, 265n17; decoration of, 251, 267; marginalization of, 263n3; as model for nude, 61–62; pudica gesture of, 90–91, 94, 255, 265n17, 271; story of, according to Pliny the Elder, 263n4

Aphrodite of Rhodes, 250

- Aphrodite Salacia, 260, 266n28
- apples, 235, 236, 239-40
- Arachnaphobia, 102, 104, 118

Arcade, Penny, 30

- arousal: childbirth's similarity to, 128; as genderless, 81–82. *See also* pleasure
- art: arrogance of pleasure and, 30–31; beauty as rhetoric in, 73; display and, 73; garden symbolism and, 236; mannerists, 128; meaning of, 314; pudica gesture in, 271; vs. puritanism, 165; Sadeian aesthetic and, 290; suprematists, 130; surrealists, 290; transgressiveness and (*see* transgressiveness). *See also* Aphrodite of Knidos; art history; nude, female
- art history: lecture room of, 193, 194, 196; professors of, and the obscene, 196–97, 198–99

Asians, beauty ideal and, 251, 252, 264n11 attraction, 157–58. *See also* arousal; lust

authority: body as undermining female intellectual, 162–64, 196; crushes and, 206; of professorial body, 155–56, 176. *See also* power

autoeroticism, 247; bodybuilding and, 93; breakage of, 142; hypermuscular performance and, 93–96; masturbation, 4, 128–29, 141, 247

Baartman, Saartjie, 115, 261

bad body: aging and difficulty of being, 199; defined, 168--69; female professors as, 168, 169, 194, 195--99, 209--10, 214n5,

- 216, 227; gaze invited by, 194, 195–96;
- "overweight" as, 191; stepmother-
- stepchild model and, 216, 227
- bad boy, 168–69
- bad girl, 168–69, 173n41
- Bardot, Brigitte, 270, 275
- Barthes, Roland, 82, 292
- Barton, David, 73
- Bataille, Georges, 289–90, 292, 296
- bathing, 153; ancient Greece and, 247, 255, 263n3; Aphrodite and, 247, 255, 263n3
- Battersby, Christine, 120
- Bauch, Christa (bodybuilder), *76*, 84, 96, 118–19
- Baudelaire, Charles, 72, 85n14, 129, 290 Beautifuckation, 32–33
- beauty: acceptance of one's own, 10, 12, 13–14, 23; being hated for, 13, 137, 138; as bizarrerie, 72; as choice, 64; feminists concerned with, 3, 4; ideal Western (*see* beauty ideal); luxury of, 257; meaning of, 257, 258, 265n20; meritocracy of, 7, 35n11; monster (*see* monster/beauty); as process of becoming, 258–62, 265n23; as taboo subject, 3, 4–6, 10, 12, 18
- beauty ideal: abject mother and, 135; blondeness as (see Blonde Bunny Goddess cult; blondes and blondeness); charisma as destroying, 64; class and, 32, 251; cleanliness and, 250, 251-52, 255, 280; as construction, 8, 168; distance and, 12, 13; gender reinforced by, 6; luck of birth and, 4, 168; as male defined, 23, 114, 138, 252; monster/beauty compared to, 2-3, 13, 14; paradox of, 3, 5, 20; race and (see race); regular features and, 4; as still picture (see perfection); as visual ideal, 2, 12, 20, 22–23; as youth, 64, 74, 232-34, 254-55 Beauvoir, Simone de, 290
- Bellmer, Hans, 290
- Benjamin, Jessica, 28, 135
- Bergman, Sandahl, 111
- Berlow, Doris, 284n18
- Bettelheim, Bruno, 221, 223, 224, 241n27
- bizarrerie, 70, 72, 73, 83
- black, as color, 85114, 105, 123136. See also race
- Blige, Mary J., 281

- Blonde Bunny Goddess cult, 270; as bombe vs. bombshell, 275–76; as comedy, 273–74; as diminution of Aphrodite, 273, 277; as feminizing, 107, 275, 277, 280, 281; hypermuscular performance and, 99, 107, 114, 280, 281; as insidious, 281; insufficiency of model, 275; as little beauty queen, 273, 277; as pacifying fears of powerful women, 274; race and, 18, 280–81, 283nn14,15, 283–84n16; reproductivity as defended by, 271–72, 273; sacrifice of, 277–78, 283n10
- blondes and blondeness: as beauty ideal (see Blonde Bunny Goddess cult); brunettes compared to, 270; and dyeing hair, 21, 107, 267, 280–81, 283nn14,15, 283–84n16; meanings of, 267, 270, 280–81
- Blonsky, Marshall, 59
- blood, vampires and, 24-25, 304-6
- Bloom, Allan, 212–13
- body: agency and (see agency); anaphrodisiac, 60-71; as aphrodisiac, 11, 64-65, 66; archetypal power of, 121n13; capacity of, women and, 69, 86n30; chaos as natural to female, 61, 62, 133; costumes of (see costumes; nudity); deadening of, 181; decorporealization of (see body, decorporealization of); ease in, 71–72; erotic friendship with, 137, 141, 142; explicit, 100; fascism of, 93; as female, definition of, 161, 163; hermaphroditic, 77; intercorporeality of, 131-32, 134, 137; loquacity of, 95, 121n12; primitivized, 115-16, 125n69; of professor (see professor's body); repressed and scandalous in female, 196, 198–99; rhetoric of, 190–93. See also body of content; body of love; mind; monster/beauty; soul-andmind-inseparable-from-body
- body, decorporealization of, 22–23, 33–34, 78; in parent-teacher model, 225, 226, 242n32; professors and, 150, 150, 160, 162–64, 165–67, 179–80, 181
- bodybuilders, female: blondeness and, 280, 281; bulk and (*see* bulk); concealment of bodies by, 72, 108; costumes of, 89, 97, 102, 105, 106, 108, 109–10, 114, 280, 281; primitivist ideas about, 115–16, 125169; professors as, 160–61

bodybuilders, midlife, 59–60, 84; aging and, 66, 68, 77; attractiveness and energy and, 63–64; as bizarrerie, 70, 72, 73; black, representation of, 112, 114–16; discomfort in observers of, 63, 68, 89; display and, 73–74; embodiment of, 78; as exhibitionistic, 68; love of muscles and, 92; vs. matron model, 65, 89; motivations for, 81; narcissism of, 78–80; in performance (*see* hypermuscular performance); as pinups, 89, 90, 92, 99–100, 104–5, 108, 119; power aesthetic of, 68–69. *See also* aesthetic/ erotic self-creation; monster/beauty

bodybuilding: artistic process and, 70, 71, 79, 119; competition vs. noncompetition, 69, 93; corporeal sovereignty and, 15–16, 24n14; dieting and, 80, 82, 86n34, 88nn61,71, 119; as enjoyable, 79, 89n58; as erotic and sensual, 71–72, 83–84, 92–94; male promoters of, 107, 123n25, 281, 284n18; mixed responses to, 59; motivations for, 33, 63, 73–74, 81, 83–84, 108, 313–14. See also muscle

- body of content: conventional beauty distinguished from, 66; as exceeding the visual, 24; *Grande Odalisque* as, 82–83; meaning of beauty and, 258; as term, 37040
- body of love: cruelty as weakening, 131; as healing, 141; monster/beauty as (*see* monster/beauty); regulation and maintenance and, 10, 11, 32-33; as state of satisfaction, 248
- Bolin, Anne, 86
- Booth, Wayne, 170-71n8
- Bordo, Susan: on arousal vs. erection, 82; on body as site of struggle, 33; on bodybuilding, 69–70; on body practices, 24; on dieting as control, 32; on perfection, 264n7; on weight loss, 190–91

Botox treatment, 4, 35n6

- bras and bralessness, 159, 164, 165, 166 breasts: bras and bralessness, 159, 164,
- 165, 166; implants, 105, 107–8; professors and, 164–65, 169, 173n43, 194, 226, 227. See also nipples
- brownie recipe, 295–96
- Browning, Tod, 309
- Bruneau, Sharon (bodybuilder), 108
- brunettes, 270

Bryson, Norman, 65, 80, 82

bulk: comportment as shaping, 109, 116; drugs and, 119; fear and denial of, 108, 109, 110–12; gender imperative and, 106–7, 108–9, 110–12, 119–20; as majestic, 112, 116–17; male association of, 106–7; pregnancy and, 106, 116–17; self-respect and, 116–17; stylization of, 108–9. *See also* bodybuilding; hypermuscular performance Buszek, Maria-Elena, 104 Butler, George, 107

Canova, Antonio, 259 Capitoline Aphrodite, 259, 265n17 Carter, Angela, 273-74 Caws, Mary Ann, 199 Celebration of the Most Awesome Female Muscle in the World, 97-99, 98, 112-14, 223, 118-19 celebrities: as picture perfect, 1; professors as, 157, 162, 171118. See also film Chapkis, Wendy, 6, 17; as educator, 190, 191, 196, 197; on erotic fantasy, 33, 38n76; on inadequacy, 12; the personal and, 6, 18, 19, 21; on pleasure and desire, 28-29 Chapman, Patsy (bodybuilder), 108 charis, 264n6, 272, 274 charisma, 3, 64, 248, 264n6, 272 Cher, 262 Chicago, Judy, 197 childbirth. See pregnancy and childbirth Chizevsky, Kim (bodybuilder), 281 chocolate: defense of, 295-96; as nauseating horror, 291-92; pleasure as, 31, 292; Sade and, 295. See also pleasure Cicciolina, 274, 277 Cinderella fairy tale, 221 Cixous, Hélène, 237–38, 239; The Name of Oedipus, 237-38, 239 Clark, Kenneth, 61–62, 79, 105, 106 class: beauty and, 32, 251; lowlife aesthetic and, 290 cleanliness: beauty ideal and, 250, 251-52, 255, 280; education and life of mind and, 159, 160, 167, 209–10; of female nude, 62; monster/beauty vs., 254, 281-82; mother-teacher and, 215; perfume ads and, 251; and pleasure,

denial of, 213; of reproductivity, 128;

of whiteness, 251, 252, 270, 280, 307

colors: black, 85n14, 105, 123n36; ecru, 253-54; of fetish fashion, 105, 123n36; flings of, 3; gold (*see* gold and goldenness); red (*see* red); white (*see* whites and whiteness)

commodification: arts of love vs., 257; of beauty, 32; mismatching codes of, as GLAM work, 31–32; spectacle and, 25–26, 31. *See also* advertising

community: aesthetic/erotic self-creation and, 29; arts of love and, 256–57. *See also* social transformation

complexion, 3, 7

compliments, 7, 9-10

concentration, aesthetic, 64–65, 66, 69, 79

confidence, 8, 250

consensual erotics. *See* pedagogical erotics

- consensual sexual relations: *amorous relations* as term, 183–84, 186–87, 188n15; consent as issue in, 170n3, 183–85; Frueh and, 152, 185–86; Gallop and, 149, 158, 170n3, 183, 184–85; prohibition of, 182–84
- consent: capacity for, as denied, 183-84; as term, 182
- Corliss, Richard, 110

cosmetics: advertising for (*see* advertising); ambrosial balms vs., 253; flawless skin and, 7, 35110; Frueh and, 153, 282; large pores and, 7. *See also* perfume

cosmetic surgery, 20, 27, 32, 33, 67, 105, 280

costumes: of Aphrodite, 120, 251, 254; bodybuilders and, 89, 97, 102, 105, 106, 108, 109–10, 114, 280, 281; concealment through, 72; "Dressing Aphrodite" performance, 247, 259–60; dyke drag, 21; "Giving a Fuck" performance, 289; nudity revealed by, 254, 255; of professors, 159–60, 161, 163, 164, 165, 176, 181, 192; stepmothers and, 223; "Vampiric Strategies" performance, 300, 313, 319. See also nudity

Creavalle, Laura (bodybuilder), 107, 270, 280, 281

crone figure, 60, 89–90

Crusher, Dr. Beverly (*Star Trek* character), 206 crushes, 205–6 cunt: of Aphrodite, 259; as monster/beauty, 199; nude as expanded to, 198–99; as reclaimed term, 197. *See also* vagina; vulva cunt art, 197

Cupid. See Eros

damage, erotics of, 291; expulsions of body in, 296–97; monstrous selfportrayals and, 19–20; pleasure as arrogance in, 30–31, 292, 295; reality principle and, 292; Sade as influence in, 289–91, 292, 293–95, 296; sentiment as obscenity in, 291–92; shame and, 31, 291, 296

Debord, Guy, 25

Dennis, Diana (bodybuilder), 24, 77, 84, 96, 102–6, *2*03, 116, 118

- desire: of bodybuilders, 68; feminism and, 26–33, 184, 211; for intellectual work, 176, 187n2; to please, as deriving pleasure, 22; problematization of, 27–28; sexual harassment policies and, 184; validation and authority of, 184, 186. *See also* arousal; lust; pleasure
- dessert, 30, 213
- dieting: beauty ideal and, 19, 32, 33, 36n26, 69, 256–57, 265n20; of bodybuilders, 69, 80, 82, 86n34, 88nn61,71, 119. See also anorexia
- Doane, Mary Ann, 28
- Dobbins, Bill, 104--5, 107, 108, 111, 119, 280, 281

dominatrix: accusations/fantasies of, and unapologetic woman, 209–10; Amazon as subcategory of, 105; bizarre beauty and, 72. See also fetish fashion

- Doryphorus, 263n3
- *Dracula* (Stoker), 301, 306, 307, 309, 310, 311–12
- Duclos, Mme. (Sade character), 289, 291, 293, 294–95; Frueh and, 292–93, 294, 298n17

Dudley, Russell: and bedroom chair, 291, 292, 297; dating Frueh, 178–79, 186, 316, 318; eroticism outside marriage and, 130–31; gardening and, 39, 129, 131, 204, 260, 282; as monster/beauty, 12–13, 128, 260; photographs by, 39–41, Dudley, Russell (*continued*) 43-54; as rock climber, 314-15, 318; sexual relationship with Frueh, 131-32, 282, 315, 317 Duncan, Carol, 161, 165, 166, 168, 175-76, 192, 197

Dziech, Billie Wright, 169n1, 232

Eaderesto, Jerry, 99

- Eisler, Riane, 134
- Ernst, Max, 290

Eros, 127–28, 129, 130, 236; communal, 132; as sweetness of life, 213; as unpredictable, 211, 248

- eroticism: Bataille on, 289–90, 292; conventional, midlife bodybuilders and, 89–90, 99–102, 104, 107–8, 122123, 1231125,27; fuckability vs., 137; gardening and, 235, 237; relations of, as consequential, 158, 175; slowness in, 180, 187n6; touch and (*see* touch). *See also* desire; pleasure
- erotics: of damage (*see* damage, erotics of); of shame, 289–90, 296; visual, politics of, 196; vocal, 209
- erotic weight, 15–16; cruelty as weakening, 131; older women and, 90–91, 95–96
- erotogenic, as antidote to photogenic, 40, 67. *See also* aphrodisiacs
- Etcoff, Nancy, 36n19
- ethics: *aphrodisia* as, 248, 263n3; arts of love and, 256–57, 258; of work, 211 Euripides, 218, 225, 227, 228
- Evolution F, 59, 63, 97, 122n17
- Fabulous Forties, 94–96; Galion, Claudia (nude model), 94, 95–96; Walter, Jerilyn (nude model), 78, 94
- facial hair, 1-2, 6, 18, 21, 36n21

fairy tales, 218, 219–20, 221–22, 223, 224, 237, 239

Faludi, Susan, 25

- fashion: fetish, 105, 109, 123n36, 210; style vs., 254
- fashion magazines: age and perfection and, 254–55; on bodybuilders' size, 112; class and, 32; and flawless skin, 7, 35n10; and meritocracy of beauty, 7, 35n11; and narratives of loss, 15; perfume ads in, 250–51, 264n11; race and, 114–15, 264n11; as reinforcing beauty ideal, 4

- fashion models: as imperfect, 7–8; perfection claimed by, 250; as shrunken women, 109, 250; as unattainable goal, 68; as youth, symbol of, 69
- fathers, as erotic consort, 129–30, 204, 236
- father-teacher: as assumed norm, 151–53, 155–56, 160, 163, 196; body of, 155–56, 160, 226; erotic power of, 232–33; infantilization of students by, 225–26; as inserter of knowledge, 152–53, 169, 226; mother-teacher as complement to, 226, 231; sexual harassment and, 149, 154, 169–70nI. *See also* parentteacher model; professors; stepmotherstepchild pedagogical model
- feminazis, 209, 210
- femininity: bodily self-reference and, 116; construction of, 82; dieting and control of, 19, 36n26; fitness and, 108–9, 110–12; hormonal control of, 19, 36n26; hypermuscular performance and loss of, 99–100; male artists as appropriating, 120; midlife bodybuilders and, 89
- feminism: and abjection, 133, 133n7, 136; ageism in, 68; art of, terms for, 197; backlash against, 25; and the beauty game, 21-22; and bodybuilding, 99-102, 122nn22,23, 123nn25,26; as depressing, 211, 212; and desire, 26-33, 184, 211; and display, 72-73, 96; and divine female, 258; Gallop and, 155; heterosexual disparagement within, 90, 121n3; and longing for beauty, 66; and male gaze (see at gaze); meaning of, 212; model of feminist beauty and, 66-67; and monstrousness, 18-21; and the mother, 132-33, 144n6, 144-45n7; motherteacher model and, 167, 169, 172n22, 226; pedagogical theory, 155, 159, 169, 196, 207-8, 215-16, 234, 242n33; and perfection, 250, 254, 255, 264n7; performance art theory, 96–97, 100, 101, 121--22n14; personal as political, 177; poststructuralist, 216; revisualizing beauty, 21-26; Sade and, 290, 296; self-representation and, 27–28; and self-surveillance, 163; sexual harassment policy and, 183; and space, use of, 116; subversive/hegemonic analytic framework of, 100, 101, 122n22;

as transformative, 211–12; visibility and, 25; and visual erotics, politics of, 196; wholeness sought by, 133

- fetish fashion, 105, 109, 123n36, 210. See also dominatrix
- Fierstein, Laurie (bodybuilder), 79, 81, 84, 87n58, 120; and *Celebration*, 97–99, *98*, 112, 142; feminism of, 97,
- 142; and the sensual, 92; as trainer, 142 film: Blonde Bunny Goddess cult and, 270, 273–74, 275; cross-generational attraction portrayed in, 233; female monsters in, 19; stasis of beauty in, 1; vampires in, 301, 308, 309, 310, 311
- Firestone, Shulamith, 18 fish: goddess and, 265n24, 266n28; smell
- of, 251, 252, 258, 265n24, 272
- fitness: gender imperative and, 106–7, 108–9, 110–12; as imperative, 70; promotion of image for female bodybuilders, 106–7, 119, 123n25; toning as style and, 108–10; vampires and, 302–3, 304, 313–15. *See also* bodybuilding
- flexibility, 63, 71, 303
- flirtation, 231–32, 234–35
- flowers: Aphrodite and, 39, 41, 235–36, 239–40; Frueh and, 129, 131, 204, 252–53; Rossetti and, 129–30; as symbol of virginity, 312; vulva imagery and, 130
- Fonda, Jane, 270
- Foucault, Michel: on *aphrodisia*, 263n3; on Greek pedagogy, 151–52; on power and mastery of body, 73
- Francis, Bev (bodybuilder), 107, 112
- Freud, Sigmund: castration anxiety, 19; child development, 134; dirt, 60; reality principle of (*see* reality principle)
- Friedrich, Paul, 128, 231, 258, 263nn3,4, 265n24
- friendships: with body, 137, 141, 142; as term, 137; between women, eroticism and, 137–41; between women, unfriendliness and, 137, 138, 140
- Frigga, 259
- Frueh, Erne, *46;* as erotic consort, 129, 204, 236
- Fruch, Florence, *46*; brownie recipe of, 295–96; as erotic consort, 128–29, 132, 134, 136–37, 203–4 fuck, giving vs. not giving a, 297

Gallop, Jane, 24; appearance of, 162, 171110, 172128, 192, 20015, 209–10; as bad girl, 168; consensual sexual relations and, 149, 158, 17013, 183, 184–85; as educator, 154–55, 196, 197; *Feminist Accused of Sexual Harassment*, 149–50, 153, 154–55, 170112,3, 183; and pleasure in learning, 154–55; and politics of experience, 28; and Sade, 290; sexiness and, 153, 162; sexual harassment and, 149–50, 167, 17012, 183–84, 186, 1881115; on teacher's breasts, 172122, 173143

- Gamman, Lorraine, 24
- gardens and gardening: Aphrodite and, 39, 41, 235–36, 239–40; as articulation of spirit, 257–58; as dually gendered, 236; of Dudley and Frueh, 39, 129, 131, 204, 260, 282; as erotic metaphor, 235, 237; as pedagogical model, 234–37, 239–40

Gassel, Nathalie (bodybuilder), 124n41 gay men, 234

- gaze: bad body as reconstructing, 194, 195–96; consensual erotic, 194; cost of, 239, 240; erotic, 74; female nude as reconstructing, 198; gardens and, 237; lust for self and, 72; male, 24, 94–95, 193, 236; as pedagogical tool, 198; professorial, 193, 194, 195; shame and, 194–95; student, 193–95, 198; women's comparative looking, 7–8; women's self-sufficiency and the, 94–95; of younger men and older women, 237–39. *See also* spectacle; visibility
- gender: age and cross-generational attraction, 232-34; amorous stepmother as crossing, 226-27; amorous stepson and, 236-37; arousal vs. erection and, 8, 82; beauty ideology reinforcing, 6; Blonde Bunny Goddess cult and, 277; bodybuilders as destabilizing, 69, 81-83, 100-102; bodybuilders as trapped by, 89; dieting of bodybuilders and, 82, 88n71; gardening and, 236; Grande Odalisque and, 82-83; hypermuscular performance and, 89–90, 95, 99–102, 104, 107–8, 122n23, 123nn25,27; muscle and, 81-82; spectacle and liberation from, 24, 26

fuckability, 61, 137

gender-bending, 108 Gilmore, Leigh, 187n5, 196-97, 212, 213 "GLAM Manifesto" (Steinmetz and Peterson), 31-32 goddess: as feminist project, 258; fish and, 265n24, 266n28; smell of, 258, 265n24. See also Aphrodite gold and goldenness: Amazons and, 97, 266n32; Aphrodite and, 97, 120, 251, 254, 267, 268; dyeing hair blonde and, 280; reproductivity as, 271; of skin, 249, 280, 282. See also colors good body: defined as well-behaved, 159, 172n22; professors and, 159, 165, 225 good girl, 169, 217 grace: of Aphrodite, 248, 264n6; Greek idea of, 271 graceful aging, 60, 223, 272 grandmothers: body of, 62; complexion of, 7; pleasure denied to, 89-90, 138. See also crone figure; matron model Greece, ancient: and Aphrodite, 39, 41, 235-36, 247, 263n4, 270, 277; ars erotica of, 247-48, 258, 263n3; and bathing, 247, 255, 263n3; and hares, 277, 283n10; incest in, 230, 242n50; and marriage, 228, 233, 242n43; misogyny of, 220, 225, 227; nudity and, 254; pedagogy of, 151-52; Phaedra myth (see Phaedra); women of, 41 Greer, Germaine, 18, 64, 65 Grumet, Madeleine, 159, 195 Gubar, Susan, 35n18 Gullette, Margaret Morganroth, 65, 91, 99 hair, 3, 5; African Americans and, 36n25, 280-81, 283nn14,15, 283-84n16; blonde (see Blonde Bunny Goddess cult; blondes and blondeness); body, 1-2; dyeing of, 21, 107, 267, 280-81, 283nn14,15, 183-84n16; facial, 1-2, 6, 18, 21, 36n21; feminizing tactics of bodybuilders and, 107, 280, 281; removal of, 1-2, 21, 32, 67, 134 Hansen, Patti, 7 Harlow, Jean, 270, 274

Harriman, Pamela, 270 Havelock, Christine Mitchell, 263n3, 265n26 Hawkins, Joan, 214n5

H.D., 218, 219, 227, 228, 236

Hellman, Lillian, 206 Hénaff, Maurice, 298n17 Herzog, Werner, 309 Hesse, Eva, 73 heterosexuality: Blonde Bunny Goddess cult and, 275; bodybuilding and imperative of, 110-12 heterosexual sex, 95; feminism as disparaging, 90, 121n3, 127; hypermuscular performance and, 95; intercourse, 82, 131 Heywood, Leslie, 35n14, 69, 80, 101, 123nn25,27, 255 Hickey, Dave, 73, 165, 168 Hill, Anita, 183 Hippolyta, 227, 230 Hippolytus, of myth and retellings, 218, 225, 227, 228-30, 231-32, 233, 238-39, 241112, 242131 Hippolytus (Euripides), 218, 225, 227, 228 Hippolytus Temporizes (H.D.), 218, 219, 227, 228, 236 Hixson, Kathryn, 290 Homeric Hymns, 251, 255, 260 hooks, bell: on body functions in classroom, 159; on denial of body, 181, 195; on dyeing hair blonde, 283nn14,15; on eroticism in classroom, 157; on the professor's body, 155-56, 161, 179, 181; on self-created beauty, 257 hormonal control, 19, 27, 36n26, 84n2 Hottentot Venus, 115, 261 hypermuscular performance, 89–90; Always Aphrodite, 91, 94–95; Arachnaphobia, 102, 104, 118; blondeness and, 107, 281; body loquacity and, 95; bulk and (see bulk); Celebration of the Most Awesome Female Muscle in the World, 97-99, 98, 112-14, 113, 118–19; comportment and, 109, 114; conventionalized eroticism and, 89–90, 99–102, 104, 107–8, 122n23, 123nn25,27; Evolution F, 59, 63, 97, 122n17; feminist performance art and, 96-99, 100, 101; fitness vs. (see fitness); as gendered, 95; pinup image and, 89, 90, 92, 99–100, 104–5, 108, 119; power of, 121113; and space, use of, 116, 125n71; trope of sexually vital midlife woman and, 92; The Women, 104-5, 107, 108, 111, 280, 281; wrestling as, 106, 124n41

incest: stepmothers and, 228, 230, 242n50; as term, 128 In Praise of the Stepmother (Vargas Llosa), 117, 118 intellectual work: authority in, female professors' bodies as undermining, 162-64, 196; desire for, and desirability of body, 176, 187n2; the personal as informing, 177 intelligence: Blonde Bunny Goddess cult as neutralizing, 273, 274, 275; of females, misogyny and, 225; females and sexiness and, 152, 153, 162-63; in males, as sexy, 152, 170n6 intercourse, heterosexual, 82, 131 intimacy, 12, 39, 62 Irigaray, Luce, 27, 28, 258, 265n23 Japanese Americans, 252 Jocasta, 230-31, 237-38 Jocasta (Molinaro character), 117-18, Johanna (surrogate daughter), 15, 186, 217-18, 222-23, 224, 278, 280 justice, beauty and, 34n1 Kahlo, Frida, 70, 73 Kahn, Robbie, 128, 133-34, 135, 139-40, 141, 145nn13,14 Kane, Sarah, 241n12 Kawakubo, Rei, 100, 101 Kelly, Mary, 22, 65 Kerrigan, William, 152-53, 169-7011 Kimball, Roger, 163, 170n2 Klein, Alan M., 88, 100, 119, 122n23 Koons, Jeff, 274, 277 Kristeva, Julia, 28n28, 133, 135, 136, 144n7 Lakoff, Robin Tolmach, 3, 4, 5, 17, 18, 19, 32 Lauretis, Teresa de, 24 Lavin, Irving, 87n57 Lawler, Louise, 256, 257 law of love, 142 Layard, John, 283n10 Leboyer, Frederick, 135, 145n14 Le Fanu, Sheridan, 310 Leibovitz, Annie, 114 leisure, 32; bodybuilding and, 81; orgasmic being and, 83; pleasure and, 31; scholars and, 204

lesbians: bodybuilder stereotypes and, 104, 110–12, 120; dyke drag, 191; fear of gazing by, 195; flirtation in classroom and, 234 Lever, Maurice, 293 lilies, 252–53, 312 Lil' Kim, 281 Limbaugh, Rush, 209 liminality, 231, 255 Lingis, Alphonso, 82; anatomies as erections, 82; eros as nomadic, 140; on exteriorization of muscle, 105; on lust for self, 80, 86n41; on midlife bodybuilders, 68, 77; on orgasmic body, 83; on primitivism, 116, 125n71; and space, use of, 125n71 lipstick, 2, 3, 7, 21, 67, 191, 209, 210, 232 literature: Sade as influence on, 290, 294; vampires in, 301, 306, 307, 308-9, 310, 311-12 Litvak, Joseph, 234, 243n58 looking. See gaze; visibility loose women, 70-71; female professors as, 193, 195-98 Lorde, Audre, 17, 282-83n1 loss, narratives of, 14; advertising and, 15; Aphrodite and, 262; fitness disciplines and, 2; menopause discourse and, 117; popular culture and, 117, 118, 119, 125n74; stepmother myths and, 224; will to pleasure in opposition to, 69 love: gardens and, 236; as obscenity, 291–92 lust: for learning, 182, 193; malevolent stepmother myths and (see stepmothers); for self, 72, 73, 80, 86n41; shame as obviating, 72. See also arousal; desire; seduction Lyon, Lisa, 100, 109 McLish, Rachel (bodybuilder), 107, 109 Madonna, 67 magic, stepmothers and, 220, 221-22 Magnuson, Ann, 100, 104 makeup, wearing of, 64, 85n14 male gaze, 24, 94–95, 193, 236 Malevich, Kasimir, 130 Mansfield, Jayne, 270, 274, 277-78 Mapplethorpe, Robert, 100 Marcuse, Herbert, 65-66, 71, 79, 80, 81 Marden, Brice, 101

- marriage: adultery, 228, 242n43; age of stepmothers and, 233; and cleanliness, 128; eroticism outside, 130–31; intercorporeality and, 131–32
- Marshment, Margaret, 24
- Martin, Agnes, 101

marvel, as term, 253

- masculinity: accusations of, and authority of women, 163; accusations of, female bodybuilders and, 77, 80, 106, 108, 109, 119–20, 160–61; crisis of, bodybuilding as signifying, 80; imitation of, female bodybuilders and, 69; muscle as signifying, 160
- masturbation, 4, 128–29, 141, 247. See also autoeroticism
- matron model: beauty ideal values and denial of pleasure to, 62, 89–90; bodybuilders as deviating from, 65, 89; body shape and, 60–63, 65, 77, 79; as commonplace, 72; disembodiment of, 78; as expectation, 62–63, 69; invisibility and, 64; management vs. looseness and, 70–71; matron defined, 74; as submissive, 60, 64; time and, 65–66; True Womanhood and, 75, 77; youthfulness and, 64, 65
- Medici Aphrodite, 259, 265n17
- men: attention from, 16; body of, as normative, 61; castration anxiety of, 19; mature bodies of, 62; and mothers, 135, 136; as mythmakers, 231; older, and much younger women, 232–33; as promoters of bodybuilding, 107, 123n25, 281, 284n18; reproductivity of females and, 61, 271; Sade's critique of, 297; sexual harassment and, 149, 154, 169–70n1. See also father-teacher; parent-teacher model; professors
- menopause discourse, 91; erotic exile and, 99–100; and narratives of loss, 117; questioning, 65; resistance to, 91–92

midlife, defined, 91

- mind: education and life of, 159, 160, 167, 209–10; professor's body separate from, 150, 159, 160, 162–64, 165–67, 179–80, 181; sexed as male, 180. *See also* intelligence; soul-andmind-inseparable-from-body
- Mishima, Yukio: on bodybuilding, 80, 93, 119; on F104 flight, 130; loquacity

of body, 121112; on narcissism, 61; Sun and Steel, 93 misogyny, 225; of ancient Greeks, 220, 225, 227; cunt as term and, 197; pinups and, 204; of Sade, 296; separation from the mother and, 133; stepmother myths and, 220, 227; of students, 225 models. See fashion models Molinaro, Ursule, 117, 237 Monroe, Marilyn, 249, 270, 271, 277-78 monster, as term, 26 moaster /boautu as appatite, 13: 35 bein

- monster/beauty: as appetite, 33; as being rather than possession, 13, 14; the cunt as, 199; defined, 2-3, 5, 8, 9, 11-12; dessert as food of, 213; as destabilizing beauty ideology, 13, 20; dirtiness and, 254; dyeing hair blonde and, 280; vs. erotics of damage, 19-20; erotic weight of (see erotic weight); intimacy and, 12; makeup and, 85n14; the nude as, 198; perceived grotesqueness of, 19–20; professorial, 180; proportions of, 4, 5; SCUM Manifesto and, 212; self-creation as (see aesthetic/ erotic self-creation); stepmother as, 216–17, 221; the visual and, 26; white clothing and, 254
- monstrousness: erotics of damage and self-portrayals of, 19-20; as female condition, 18-19, 21, 36nn25,26; mother and, 133, 134-36; stepmothers and, 220-21, 241n20
- Morgan, Kathryn Pauly, 162-63, 234
- mothers: abject, 133, 134–36, 145n14; as erotic consort, 128–29, 132, 136–37, 203–4; feminism and, 132–33, 144n6; incest and, 230; love of, 133; men and, 135, 136; as root of eros, 133–34, 145n13; separation from, 133, 135–36; touch and, 134, 139–40, 141; women and, 133, 135–36. *See also* fathers; stepmothers
- mother-teacher: as body, 226, 242n32; as complement to father-teacher, 226; as erotically powerless, 232; as feminist model, 167, 169, 172n22, 226; as good girl, 172n22, 173n43; as supremely clean, 215. *See also* parentteacher model; professors; stepmotherstepchild pedagogical model Ms. Olympia competition, 102, *103*

Murnau, F. W., 301, 309

Murray, Lenda (bodybuilder), 63

- muscle: as attainable, 68; beauty of, 66; blondeness as feminizing, 107, 281; gender and, 81–82; as hermaphroditic, 77; love of, 92; masculinity as signified by, 160; of older woman, 77; the pump and, 81; purpose and, 81; as sensual, 93; as shield, 93; as source of clarity, 80. *See also* bodybuilding *and related entries*
- nakedness, 73–74
- names, 217–18, 223–24, 236, 237–38

narcissism, 2; of bodybuilders, 78–80; as connection/contemplation, 78, 79–80, 161; defined, 161; gender imperative and isolating, 111–12

- Nead, Lynda, 61, 70, 101, 197–98
- Nichols, Mike, 117
- night, vampires and, 306-8, 314
- nineteenth-century models for women, 74, 77, 82–83
- nipples: arousal of, 81; professors and, 164–65, 169, 194, 227; visible but clothed, 164. *See also* breasts
- Nosferatu (Murnau), 301, 309
- nude, female: Aphrodite of Knidos as model for, 61–62; bodybuilders as reality vs. abstraction, 60, 84–85n3; heroic nude vs., 109; male nude compared to, 256; midlife bodybuilders as, 106; monster/beauty as feminist, 74; obscenity and, 197–98; older female, 61–62; passivity of, 106; as reconstructing gaze, 195–96, 198; youth and perfection in, 61, 62
- nude, male, 62, 105, 106, 256
- nudity: as aesthetic/erotic technology, 254–55; of Aphrodite, 61–62, 254, 255, 259, 265n26; bodybuilding and, 73–74

objectification, 84

- obscenity, 197–98; abject mother as, 135; art history professors and, 196–97; cultural function of, 135; the female nude and, 197–98; sentiment as, in erotics of damage, 291–92
- Oedipal feelings: stepmothers and stepsons and, 230–32, 237; younger man and older woman and, 186, 237-38
- Oedipus, 117–18, 223, 230–31, 237–38, 239
- orgasm, 83, 128

Orlan, 20 Ouwerkerk, Sarah Van, 75, 76

- Pacteau, Francette, 2, 17; on beauty game, 22; and bizarrerie, 72; critique of longing for beauty, 66; on integrity of body, 83; on perfection, 264n7; the personal and, 18, 19; and self-display, 73; on the visual, 26
- Pagano, Jo Anne, 163–64, 189, 242n32 Page, Betty, 8
- pain: aesthetic/erotic lack and, 181; of beauty's pursuit, 26; humiliation of imperfection, 61. See also suffering
- parent-teacher model: as amorous model, 226; antithesis essential to, 231; as disembodied, 225, 226, 242n32; as infantilizing students, 225–26. *See also* father-teacher; mother-teacher; professors; stepmother-stepchild pedagogical model
- passionate wife, 128, 129, 248–49; Aphrodite as, 248–49, 258, 270, 273; Sappho as, 260, 266n29
- pedagogical erotics (consensual erotics), 175, 176, 178; ancient Greek, 151-52; childhood crushes and, 205-6; effects of, 149, 175, 181-82, 184, 185, 186, 195-96; Frueh and, 176-79, 180-81, 182, 185-87, 191-93; Gallop on, 154-55; as labor, 205; lack of, 211-13; male teachers and, 152-53; model for (see stepmother-stepchild pedagogical model); motivations for, 157; as partnership, 205; personal comfort and power as basis of, 191; personal relationships and, 155, 178-79; pleasures encouraged through, 211; as relation in classroom, 176, 180, 186–87; sexual relations compared to, 175, 176, 182, 184, 185; spectacle and, 164; student gaze and, 193-95; as taboo subject, 149-50; thanatics vs., 181. See also consensual sexual relations
- pedagogical theory: bad body and, 195–96; female professors and, 196; feminist, 154, 155, 159, 169, 196, 207–8, 215–16, 234, 242n33; gardening model, 234–37, 239–40; nineteenthcentury, 167; professors' bodies as unexplored in, 154–56, 159; somatic learning, 190

pedagogy: independent thought developed through, 181, 226; as labor, 205, 214n2; pleasure as missing from, 168, 210–13

- penis: metaphors of, and bodybuilding, 82; and orgasm as integrity vs. dismemberment, 83; Sade's comment on, 296; weapon imagery and, 130, 131
- perfection, 250; and alternative role models, plethora of, 191; aphrodisiac beauty distinguished from, 70; assessment of, 12; bodybuilders in pursuit of, 70; class and, 251; as decorporealizing, 22–23; fashion and, 254–55; feminism and, 250, 254, 255, 264n7; as ideology, 251; as nonexistent, 7; nude as answer to imperfection, 61; paradox of, 3, 5; as personal failure, 12, 27, 261–62; pinups and, 99; as religion, 256–57; as stasis, 1, 2, 6–7, 10. See also beauty ideal
- performance, hypermuscular. See hypermuscular performance
- performance art theory, 96–97, 100, 101, 121–22114
- performance principle, 81
- perfume: advertising for, 250-51, 253, 264111; Aphrodite and, 253, 255; divinities and humans joined by, 258, 265124; effects of, 153-54. See also cosmetics
- the personal: in feminist writing on beauty, 6, 18; mothers' bodies, writing on, 133, 144n6; in pedagogy (see pedagogical erotics); as political, meaning of, 177; professors' bodies, academic writing and, 154, 155–56, 171n10, 190; in scholarship, 16–17, 39
- Peterson, Jessica, 31-32
- Phaedra (of myth and retellings), 218–19, 220, 226; age of, 233; and Aphrodite, 218, 228; death and, 219, 229, 241n12; hotness, 237; incest and, 230–31; infantilization and, 225, 242n31; misogyny and, 220, 225, 227; monstrousness and, 221; reimagining of, 229–30, 231–32; as replacement, 227–28; shame and, 228–29, 238–39; as wisewoman/priestess, 219, 240– 41111
- Phaedra (Rexroth), 218, 219, 228–29, 237, 238–39, 240111

Phaedra's Love (Kane), 241112

Phaedrus (Plato), 151

Phèdre (Racine), 218, 221, 227, 230, 238

Phelan, Peggy, 25-26, 28

- photogenic, erotogenic as antidote to, 40, 67
- pinups: bait-and-switch technique and, 104; childhood experiences of, 204; disembodiment of, 78; dual pleasure of, 90; of the everyday, 40; feminist reclamation of, 90, 104; midlife, 77–78; midlife bodybuilders as, 89, 90, 92, 99–100, 104–5, 108, 119; perfection in conventional, 99. *See also* film; porn icons

Plato, 151-52

- Playboy, 77–78, 95; Einsohn, Ginny, 78; Jacobs, Victoria, 78; Marquis, Patricia, 78; More, Jo, 78; Walter, Jerilyn, 78
- pleasure: amusement vs., 179, 186, 212; arrogance of, 10, 30-31, 292; assent to, necessity for, 185, 186; as basis for change, 26–27; as basis of learning, 154-55, 177, 182; beauty ideal and loss of, 5; body of love as state of, 248; concentration and, 64-65; concord and, 248, 257; denial of professorial body and lack of, 154; desire to please as deriving, 22; erotics of damage vs. unadulterated, 30–31, 291, 292, 297; fear of, 213; learning environments excluding, 154, 168, 210-13; lexicons of, 17, 35n18; midlife women as denied (see matron model); pinups and, 90; as point of living, 208; and power, as partnership, 207-8, 209-10; problematization of female, 24, 28; pursuit of, as required, 26-27, 29, 256, 265n23, 292; reality as denying (see reality principle); repetition of, 29-30; of retention vs. expulsion, 296–97; as sweetness of life, 213; will to (see will to pleasure). See also desire; eroticism; lust

Polykleitos, 105, 263n3

pomegranates, 236

- porn icons, 68, 69, 95. See also pinups
- power: aesthetic of, 101; beauty as avenue of, 5; equality of feminist pedagogy and, 234, 243n60; father- and mother-teachers and, 231, 232–33; fear of one's own, 207; laughter and,

208; mastery of body and, 73; men and, 207; midlife women and, 65; and pleasure, in partnership, 207–8, 209–10; professorial, 155–57, 180–81, 182–83, 207–8; revisualizing beauty and, 24–26; somatic learning and, 190. *See also* authority

Power Dreamers (Molinaro), 117-18, 237

- Powers of Horror (Kristeva), 28n28, 133, 135, 136, 144n7
- Praxiteles' Knidia. See Aphrodite of Knidos
- pregnancy and childbirth: abjection and, 133, 135, 145n14; bulk and, 116–17; orgasm and, 128
- pride, 21
- primitivism, 115-16, 125n69
- professors: of art history, obscenity and, 196-97, 198-99; body of (see professor's body); energy and, 199; as father-teacher (see father-teacher); flirtation by, 234; gaze of, 193, 194, 195; as male, assumed norm of, 151-53, 160, 163, 169; as motherteacher (see mother-teacher); performance anxiety of, 154, 170-71n8; power of, 155-57, 180-81, 182-83, 207-8; reading of students by, 190; and sexual harassment (see sexual harassment). See also parent-teacher model; pedagogy and related entries; stepmother-stepchild pedagogical model
- professor's body, 150; appearance of, and learning, 181, 189–93, 195–96, 198; as bad body, 168, 169, 194, 195-99, 209-10, 214n5, 216, 227; as basis of pedagogical erotics, 179; bodybuilding and, 160-61; body/mind impact of, 175-76; breasts of, 164-65, 169, 173n43, 194, 226, 227; costume of, 159-60, 161, 163, 164, 165, 176, 181, 192; decency required of, 167-69; as denied, 154–56, 159, 161, 164; gaze of students and, 193-95, 198; as information, 179, 181, 190; male, as norm, 155-56, 160; of male professors, 160; mind separated from, 150, 159, 160, 162-64, 165-67, 179-80, 181; nipples of, 164-65, 169, 194, 227; of parentteacher model, 225, 226, 242n32; as permission-giving alternative role

model, 190–93, 199–200; power restructuring and, 181; reading of, by students, 189–93; sexiness and, 152, 160, 161–62, 164–65; touch and, 156–58, 182; as undermining female authority, 162–64, 166; variations in, 176, 179–80, 18715

- prosaic reality: aesthetics of, 39, 40-41; denial of pleasure as poisoning, 186; magic and, 222; pleasure as goal in, 27, 292; unshaming of, 291; will to pleasure depleted by, 292
- Pumping Iron II: The Women (Butler), 107
- race: appreciation of beauty differences and, 11, 249–50, 260–61; beauty ideal and, 251–52, 264n11, 270, 280, 281; black female bodybuilders, representation of, 112, 114–16; Blonde Bunny Goddess cult and, 275, 277, 280–81, 283nn14,15, 283–84n16; dyeing hair blonde and, 280–81, 283nn14,15, 283–84n16; fashion magazines and, 114–15, 264n11; professorial embodiment and, 155, 176, 179; sexualization based on, 115–16, 260–61, 266n31, 281, 283nn14,15, 307
- Racine, Jean Baptiste, 218, 221, 227, 230, 238
- radiance: achieving, 267; of Aphrodite, 267, 268, 273, 282; as possession of youth, 15
- Ramsey, JonBenét, 270, 273, 277–78, 283n6
- reality principle: abject mother and, 134–35; aphrodisiac being as new, 80; education and, 210–11; erotics of damage and, 292; pleasure denied by, 136
- red, 85n14, 205, 209, 210; as fetish fashion color, 105, 123**n**36
- red lips, 2, 3, 7, 21, 67, 191, 209, 210, 232 Reed, Chris, 179
- Reeder, Jennifer, 290-91, 296, 297n5
- relationships: aesthetic/erotic selfcreation and, 16; arts of love and, 256–57; partnership model of, 134; self-love and, 2
- representation: conventionalized erotic, bodybuilders and, 89–90, 99–102, 104, 107–8, 122n23, 123nn25,27;

representation (*continued*) as multivalent and malleable, 89–90, 100; self-representation, 27–28

reproductivity: blondeness as signifying, 270, 271–72, 273; joke of female, 274; pleasure representations vs., 105, 123n37; as symbol and embodiment of fuckability, 61, 271

- Rexroth, Kenneth, 218, 219, 228–29, 237, 238–39, 240111
- Robinson, Mrs. (Nichols character), 117, 118, 125n74
- rock climbing, 41, 303, 314-15, 318
- Rome, ancient: and Aphrodite (Venus), 39, 41, 255, 263n4; incest in, 230, 242n50; Lucretia, 118; Lupercalia, 259–60; women of, 41
- Rooks, Noliwe M., 36nn19,25
- roses, 236, 252
- Rosler, Martha, 5
- Rossetti, Dante Gabriel, 129–30, 14413
- Rubens, Peter Paul, 79, 87n57, 236
- Rymer, James Malcolm, 308-9

Sacher-Masoch, Leopold von, 152, 210 sacrifice, 27, 277-78, 283n10 Sade, Marquis de: blondes vs. brunettes in, 270; contradictions of, 296; Frueh and, 293-94, 296, 297, 298n17; influence of, 289-90, 292, 296; Juliette, 270, 290; Justine, 290; love letters of, 296; midlife women and, 293, 294; The 120 Days of Sodom, 289, 291, 293, 294-95; and repetitive pleasures, 29; and shame, erotics of, 289-90, 296 Sappho, 260, 263-64n4, 266n20 Scapp, Ron, 155, 156 Scherr, Raquel L., 3, 4, 5, 17, 32; the personal and, 18, 19 Schneemann, Carolee, 30–31, 101 Schneider, Rebecca, 100, 125n69 scholarship: the personal in, 16–17, 18, 19; poetry in, 17. See also feminism; intellectual work; pedagogical theory Schreiber, Andi Faryl, 98 Schwarzenegger, Arnold, 80, 111 SCUM Manifesto (Solanas), 212 seduction: alienation as lessened by, 159; moves of, 158; slowness of consensual, 158; as term, 180 Segal, Lynne, 68, 121n3

Seid, Roberta, 21, 23, 256-67, 258, 265n20

self: apologizing for, 207, 209–10; lust for, 72, 73, 80, 86n41

self-love, self-creation based on, 2, 3411 Semmel, Joan, 60

- sentimentality, 39; chocolate and, 295; as obscenity, erotics of damage and, 291-92
- separation: of professor's mind from body, 150, 159, 160, 162–64, 165–67, 179–80, 181; of student from teacher, 156–58, 171118; of student's mind and body, 166
- sexiness: commitment to, 262; men and intelligence and, 152, 170n6; professor's body and, 152, 160, 161–62, 164–65; sexy, as term, 162, 262; women and intelligence and, 152, 153, 162–63. See also aesthetic/erotic selfcreation; eroticism; pleasure
- sexual harassment, 149–50, 169–7011; Gallop and, 149–50, 167, 17012, 183–84, 186, 188n15; harass, as term, 167; hostile environment and, 166–67; men and, 149, 154, 169–7011; mind separated from body and, 165–67; policies on, 182–84, 186, 194; student gaze and, 194. *See also* pedagogical erotics
- sexuality: pedagogy and (*see* consensual sexual relations; pedagogical erotics); pleasure as lacking in discussion of, 213; vampires and, 308–10, 315, 316–17. *See also* eroticism
- sexually active midlife woman, 67–68, 90, 91–92
- sexy, as term, 162, 262
- shame: Aphrodite and, 255, 259, 265n17; bodybuilders and, 72, 108; celibacy and, 68; in classroom, 180, 195; denial of beauty and, 10; erotics of, 289-90, 296; female professors and, 164; gaze and, 194-95; midlife sexy and erotic body and, 67-68, 71; power/pleasure obstructed by, 208; Sade and, 289-90, 296; spectacle and, 26; stepmothers and, 228, 238–39, 242n43; unashamed vs. shamelessness and, 30, 31, 291; younger man and older woman and, 238-39. See also abjection; damage, erotics of shamelessness, 30, 31, 291 Sherman, Cindy, 20, 100, 271
- shit, 293, 295, 296, 297

Siddall, Elizabeth, 131

sin, 129

- size: of Aphrodite, 251, 254, 273, 283n5; bulk (see bulk); erotic weight (see erotic weight); Majestic Womanhood and, 74; matronliness and, 62–63; midlife bodybuilders and, 74, 77, 112; shapeliness and, 108–9; thinness as beauty ideal (see anorexia; dieting)
- skin: of bodybuilders, 112; color differences, embracing of, 11, 249–50, 260–61 (*see also* race); complexion, 3, 7; erotic atrophy of, 250; flawless, 7, 35n10; large vs. enlarged pores of, 6–7; seeing beyond, 141–42
- smells: beauty ideal and, 251-52; fish, 251, 252, 258, 265n24, 272; of the goddess, 258, 265n24; of professor's body, 153-54, 155, 176
- Snow White (film), 219, 221
- Snow White fairy tale, 218, 219–20, 221–22, 223, 224, 237, 239
- social transformation: and nonnormative beauty, 22; pedagogical erotics and, 175; through pleasure (concord), 248,
- 257–58, 268, 282–83ni
- Socrates, 151-52
- Solanas, Valerie, 212
- sons: Aphrodite and, 141-42
- soul-and-mind-inseparable-from-body: bodybuilders and, 101–2; female professors and, 165, 166–67, 196, 199–200; fullness of, 297; humanization of education and, 184; pleasure of retention and, 297; politicians as separated from, 180; risk-taking, responses elicited by, 59; self-creation and, 2; vampiric fitness and, 303. See also body; mind
- spectacle: commodification and, 25–26, 31; display, 72–74, 96; female body as, 164; of midlife eros, 73; professors and, 164, 165, 167, 193, 196; women and, 24–26. *See also* gaze; visibility
- Spence, Jo, 20
- Sphinx, 19, 118
- spiderwoman, Dennis as, 102, 104, 118
- Sprinkle, Annie, 100, 104
- Stannard, Una, 18
- Steele, Valerie, 105, 123nn36,37
- Steinmetz, Julia, 31-32
- stepmothers: and loss, narratives of, 118; malevolent archetype of, 216–21, 223,

- 224, 227–29, 238–39; as monster/ beauty, 216–17, 221; Oedipal feelings and, 230–32, 237; reimagining of, 221–23, 229–30, 231–32, 239–40; and shame, 228, 238–39, 242n43; *step* as prefix, meaning of, 227. *See also* mothers
- stepmother-stepchild pedagogical model, 150, 153, 215, 217–18; Aphrodite's liminality and, 231; erotic power and, 232–33; flirtation and, 234; gardening model and, 234–37, 239–40; media example of, 206; opening as facilitated through, 226–27, 228–29, 242133; as outrageous, 215–16. See also pedagogical erotics and related entries
- stepson (student), 150–51, 153, 157–58, 186, 205, 210, 217, 225, 229, 231, 239
- Stoker, Bram, 301, 306, 307, 309, 310, 311–12
- students: and aesthetic/erotic lack, 181; crushes of, 205-6; fear of critical thought in, 181; gaze of, 193-95, 198; infantilization of, 167; mind separated from body of, 166; misogyny of, 225; protectionism of, 184, 186; reading of professor's body by, 189-93; response to sexual harassment, 166; warmth of academic environment and, 181-82. *See also* pedagogical erotics; professors
- style: Aphroditean, vs. personal, 269; vs. fashion, 254; perfection and, 254–55
- subjectivity: corporeal, 5, 15–16, 24114; of scholarship, 16
- suffering: cultural belief in, pleasure vs., 292; as midlife woman's expectation, 224; as point of life, pleasure vs., 208; as socially approved, 30. *See also* pain swagger, 81–82
- sweetness: Blonde Bunny Goddess cult and, 275–76; of pleasure, as necessary, 213
- Symposium (Plato), 151
- taboos, 4; beauty discussions as, 3, 4–6, 10, 12, 18; pedagogical erotics, discussions of, 149–50
- Talbot, Margaret, 167-68, 192
- thanatics, 181, 184
- Thomas, Al: and body of content, 37n40; and *Celebration*, 97; and hypermuscular performers as symbol, 99;

Thomas, Al (continued) on intensive training, 92; on muscle, 66; on objectification, 84

time: aesthetic living and, 81; matronliness and, 65-66

Titian, 236, 249

Todd, Jan, 74, 87n48

toned body. See fitness

Toth, Emily, 161

- touch: as lesson, 282; mother-infant, as essential to adult well-being, 134; as return to mother, 141; student-teacher, 156, 158, 181-82, 186; sublimation of, into looking, 26; unmet longings for, 139-40
- training: Aphrodite and, 141; counting reps, 70, 79, 83; friendships and, 141; intensive, 92; mindlessness of, 65, 88n59; work of, as play, 79, 87n58. See also bodybuilding
- transgressiveness: aesthetics and, 119; art world and, 168, 173n41; bad girls and, 168-69, 173n41; vs. being taken seriously, 169; lowlife aesthetic and, 290-91; sentiment as, 292; as vogue, 289, 290-91, 29715

True Womanhood, 75, 77

Turner, Tina, 280, 281, 283nn14,15

vagina: gender construction and, 82; and orgasm as integrity vs. dismemberment, 83; sloppiness of, 164. See also cunt; vulva

vaginal iconography, 197

Valentine's Day, 259–60

vampires, 20, 24-25, 299-319; and blood, 24-25, 304-6; and fitness, 302-3, 304, 313-15; as model of aesthetic/erotic self-creation, 11; and nature, 310-13; and the night, 306-8, 314; and sexuality, 308-10, 315, 316-17. See also aesthetic/erotic self-creation; monster/ beauty Vargas Llosa, Mario, 117, 118

Venus. See Aphrodite

Venus Anadyomene, 99

Venus figures, 61, 79, 87n57

Venus in Furs (Sacher-Masoch), 152, 210 Venus Italica (Canova), 259

Venus Pareve (Wilke), 295

Venus Verticordia, 9

violence: beauty practices as, 32; expulsions of body as, 296; physical transformation as, 20; separation of mind from body as, 166. See also damage, erotics of; pain visibility: aging and invisibility, 15, 16, 64, 71, 91; midlife bodybuilders and, 65; professors as invisible, 161; as trap, 25-26; women's movement and, 25. See also gaze; spectacle Vogue: age and perfection and, 254-55;

class and, 32; and flawless skin, 7, 35n10; and meritocracy of beauty, 7, 35n11; perfume ads in, 250-51, 264n11; race and, 114-15, 264n11; as reinforcing beauty ideal, 4

- voice coaching, 208-9
- voluptuousness, 71–72

vulva, flower imagery and, 130. See also cunt; vagina

Walker, Barbara, 264n6

- Warner, Marina, 216, 221
- Watson, Patricia A., 216, 220, 221, 227,
- 230, 233, 242n50
- Weber, Marnie, 277-78, 279
- Weider, Ben, 281n18
- Weider, Joe, 123n25, 281n18
- weight. See bulk; dieting; erotic weight; size
- weight training, 63
- Weiner, Linda, 169n1, 232
- well-being: erotic, 71-72; pleasure as strategy for, 34; touch and, 134
- Wennerstrom, Steve, 93, 107

whites and whiteness: Blonde Bunny Goddess cult and, 275, 277, 280-81, 283nn14,15, 283-84n16; cleanliness and beauty ideal and, 251, 252, 270, 280, 307; monster/beauty and, 254; perfume ads and, 250-51. See also colors; race

- whore/mother division, 169
- wife, passionate. See passionate wife

wigs, 267, 280

- wildness, 285--86
- Wilke, Hannah, 20, 295
- Williams, Carla, 307–8
- will to pleasure, 69; beauty built from, nature of, 258; midlife bodybuilders and, 69; as necessity, 256, 265n23; prosaic reality depleting, 292

INDEX

wise woman, 219, 240–41111

- Wittig, Monique, 216, 226, 229
- Wolf, Naomi, 3, 17; on beauty backlash, 25; on perfection, 264n7; the personal and, 18, 19; on pleasure, 26; on revisualizing beauty, 23; on violence, 32
- The Women (Dobbins), 104--5, 107, 108, 111, 280, 281
- women's movement. See feminism

Women's Physique World, 109

women's studies: mother-teacher model and, 172122, 226; pleasure as lacking in, 211, 212. *See also* feminism

wonder, 108

Wood-Hoyte, Linda (bodybuilder), 77, 84, 92, 109–10, 117; in *Celebration*, 112–14, 123, 116, 125n69; and feminist performance, 96; *Vogue* feature and, 114–16 wrestling, 106, 124n41

Young, Iris Marion, 78, 80, 86n30, 116–17 Yourcenar, Marguerite, 220, 227, 228 youth: aesthetic vitality as assumed province of, 63–64; as beauty ideal, 64, 74, 232–34, 254–55; imitation of, 64; intimacy as assumed potential of, 62; mother rejected by, 133, 141; older aphrodisiac body and, 67; overestimation of powers by, 137 youthfulness, matron model and, 64, 65

Zeitlin, Froma I., 242n43